



## ***Dr. Farideh Dehghan Manshadi***

### ***University Address:***

*Department of Physiotherapy  
School of Rehabilitation ,  
Shahid Beheshti University of  
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### ***Personal Background***

*Title: Associate Prof. of Physiotherapy*

*Date of Birth: 7 Sep. 1964*

*Place of Birth: Tehran - Iran*

*Nationality: Iranian*

### ***Current Positions:***

- ✓ Head of Physiotherapy Department,*
- ✓ Faculty interface at the University's international Affairs*

## ***Education***

**March 2010:** Doctor of Philosophy in Physiotherapy, Iran University of Medical Sciences, Tehran-Iran ([www.iums.ac.ir](http://www.iums.ac.ir))

*Dissertation supervised by Professor Mohamad Parnainpour (Occupational Biomechanics) and Counsultated by Dr. Zinat Ghanbari (Urogynecologist). “The Effects of Transversus Abdominis and Pelvic Floor Muscles' Contraction, Also Changing Lumbo-pelvic Posture on Static Ultrasonic Continence Parameters in Both Women with and Without Stress Urinary Incontinence.”*

**May 1993:** Master of Science in Physiotherapy with first class honors, Tarbiat Modares University, Tehran-Iran.

*Thesis investigated the F-wave in patients with upper motor neuron lesions.*

**October 1989:** Bachelor of Science degree in Physiotherapy, Iran University of Medical Sciences, Tehran-Iran. ([www.iums.ac.ir](http://www.iums.ac.ir))

## ***Prizes& Awards***

2011: Certificate of Appreciation for cooperation with Iranian Ostomy Association ([www.iranostomy.com](http://www.iranostomy.com))

2008: Certificate of Appreciation for cooperation with Physical Therapy Institute (PTI), **Kabul-Afghanistan.**

2003: Top Researcher in School of Rehabilitation, Shahid Beheshti University of Medical Sciences

2003: Top Clinical Trainer for BSc. PT students. School of Rehabilitation, Shahid Beheshti University of Medical Sciences.

## ***Employment***

**1993-2010:** Academic Boarder of Physiotherapy Department,

*School of Rehabilitation, Shahid Beheshti University of Medical Sciences ([www.sbm.ac.ir](http://www.sbm.ac.ir))*

**2016-Present:** *Associate Prof. of Physiotherapy, Above Address*

### ***Related Professional Activities and Affiliations (Memberships)***

**2014-present**                      *Head of Physiotherapy Department*

**2011-Present** *Member of the International Continence Society (ICS) [www.ics.org](http://www.ics.org)*

**2010-Present:**                      *Member of the Board of Directors, Iranian Continence Society ([www.ircs.com](http://www.ircs.com))*

**2012-Present:**    *Chair of “Women Health Branch”, Iranian Physiotherapy Association ([www.iran-pta.ir](http://www.iran-pta.ir))*

**2007-Present**                      *Member of the Iranian Continence Society  
Member of the Iranian Rehabilitation Teachers'*

**2000-Present** *Association.*

**2002-present**                      *Member of the Medical Council I. R. Iran.*

**1997-Present**                      *Member of the Iranian Physiotherapy Association.*

**2007-2010**                          *A member of Family Health Clinic, Khatam Hospital, Tehran-Iran.*

**2002-2010**                          *A member of Physical Therapy Research Group, Academic Center of Education, Culture and Research (ACECR), Tehran IRAN.*

### ***Teaching Experiences***

<i>Course Title</i>	<i>Students' Level</i>	<i>Students' Major</i>	<i>Year (s) of Teaching</i>	<i>Place of Teaching</i>
<i>Physiotherapy In Rheumatoid Diseases</i>	<i>BSc</i>	<i>Physiotherapy</i>	<i>1993-Present</i>	<i>School of Rehabilitation (SBMU)</i>
<i>Physiotherapy In Orthopedics</i>	<i>BSc</i>	<i>Physiotherapy</i>	<i>1999-2000</i>	<i>School of Rehabilitation (SBMU)</i>
<i>Electrotherapy(I&amp;II)</i>	<i>BSc</i>	<i>Physiotherapy</i>	<i>1997-2001</i>	<i>School of Rehabilitation (SBMU)</i>
<i>Kinesiology(I&amp;II&amp;III)</i>	<i>BSc</i>	<i>Physiotherapy</i>	<i>1996-2000</i>	<i>School of Rehabilitation (SBMU)</i>
<i>Kinesiology (I&amp;II&amp;III)</i>	<i>BSc</i>	<i>Occupational Therapy</i>	<i>1996-2000</i>	<i>School of Rehabilitation (SBMU)</i>
<i>Research Methodology</i>	<i>BSc</i>	<i>Physiotherapy</i>	<i>2009-Present</i>	<i>School of Rehabilitation (SBMU)</i>
<i>Evidence Based Physiotherapy</i>	<i>BSc</i>	<i>Physiotherapy</i>	<i>2011-Present</i>	<i>School of Rehabilitation (SBMU)</i>
<i>Clinical Training</i>	<i>BSc</i>	<i>Physiotherapy</i>	<i>1993-2013</i>	<i>Shohada University Hospital</i>
<i>Advanced Clinical Training</i>	<i>MSc</i>	<i>Physiotherapy</i>	<i>2013-Present</i>	<i>Women Health Clinic</i>
<i>Nervous System Physiopathology</i>	<i>MSc</i>	<i>Physiotherapy</i>	<i>2010-2016</i>	<i>School of Rehabilitation (SBMU)</i>
<i>Analysis of Sensory-Motor Systems</i>	<i>PhD</i>	<i>Physiotherapy</i>	<i>2010-Present</i>	<i>School of Rehabilitation (SBMU)</i>

## ***Publications in English***

- 1-** Divandari N, **Manshadi FD**, Shokouhi N, Vakili M, Jaberzadeh S. Effect of one session of tDCS on the severity of pain in women with chronic pelvic pain. *Journal of Bodywork and Movement Therapies*. 2017 Dec 24.
- 2-** Roghani T, Khalkhali Zavieh M, Rahimi A, Talebian S, **Manshadi FD**, Akbarzadeh Baghban A, King N, Katzman W. The reliability and validity of a designed setup for the assessment of static back extensor force and endurance in older women with and without hyperkyphosis. *Physiotherapy theory and practice*. 2018 Jan 26:1-2.
- 3-** Sedighimehr N, **Manshadi FD**, Shokouhi N, Baghban AA. Pelvic musculoskeletal dysfunctions in women with and without chronic pelvic pain. *Journal of bodywork and movement therapies*. 2018 Jan 1; 22(1):92-6.
- 4-** Bokae F, Rezasoltani A, **Manshadi FD**, Naimi SS, Baghban AA, Azimi H. Comparison of cervical muscle thickness between asymptomatic women with and without forward head posture. *Brazilian Journal of Physical Therapy*. 2017 Apr 19.
- 5-** Sadeghisani M, **Manshadi FD**, Kalantari KK, Rahimi A, Rafiei AR, Asnaashari A, Dehghan M. A COMPARISON OF THE LUMBOPELVIC-HIP COMPLEX MOVEMENT PATTERNS IN PEOPLE WITH AND WITHOUT NON-SPECIFIC LOW BACK PAIN DURING AN ACTIVE HIP TEST. *Journal of Mechanics in Medicine and Biology*. 2017 Feb;17(01):1750004.
- 6-** Khosravi P, Roostayi MM, **Manshadi FD**, Khademi-Kalantari K, Hassanzadeh K, Baghban AA. Cupping: a reasonable choice for attenuating morphine withdrawal symptoms in Wistar rats. *International Journal of Basic & Clinical Pharmacology*. 2017 Nov 23;6(12):2783-8.
- 7-** Ashouri S, Abedi M, Abdollahi M, **Manshadi FD**, Parnianpour M, Khalaf K. A novel approach to spinal 3-D kinematic assessment using inertial sensors: Towards effective quantitative evaluation of low back pain in clinical settings. *Computers in biology and medicine*. 2017 Oct 1; 89:144-9.
- 8-** Bokae F, Rezasoltani A, **Manshadi FD**, Naimi SS, Akbarzadeh Baghban A. A new device for measuring isometric force of the craniocervical flexor and extensor muscles and its reliability. *CRANIO®*. 2017 Jul 4; 35(4):238-43.
- 9-** Alishahi F, Farjad R, **Manshadi FD**. Effects of percutaneous posterior tibial nerve stimulation on voiding dysfunctions in cerebral palsy: A case report. *Pediatric Urology Case Reports*. 2017 Jan 1; 4(1):256-62.
- 10-** Roghani T, Zavieh MK, Rahimi A, Talebian S, **Manshadi FD**, Baghban AA, King N, Katzman W. The Reliability of Standing Sagittal Measurements of Spinal Curvature and Range of Motion in Older Women with and Without Hyperkyphosis Using a Skin-Surface Device. *Journal of Manipulative & Physiological Therapeutics*. 2017 Nov 1; 40(9):685-91.
- 11-** Roghani T, Zavieh MK, **Manshadi FD**, King N, Katzman W. Age-related hyperkyphosis: update of its potential causes and clinical impacts—narrative review. *Aging Clinical and Experimental Research*. 2016 Aug 18:1-1.

- 12-** SADEGHISANI M, **MANSHADI FD**, KALANTARI KK, RAHIMI A, RAFIEI AR, ASNAASHARI A, DEGHAN M. A COMPARISON OF THE LUMBOPELVIC-HIP COMPLEX MOVEMENT PATTERNS IN PEOPLE WITH AND WITHOUT NON-SPECIFIC LOW BACK PAIN DURING AN ACTIVE HIP TEST. *Journal of Mechanics in Medicine and Biology*. 2016 Aug 3;1750004.
- 13-** Sadeghisani M, **Manshadi FD**, Azimi H, Montazeri A. Validity and Reliability of the Persian Version of Baecke Habitual Physical Activity Questionnaire in Healthy Subjects. *Asian Journal of Sports Medicine*. 2016 Sep; 7 (3).
- 14-** Bokae F, Rezasoltani A, **Manshadi FD**, Naimi SS, Baghban AA, Azimi H. Comparison of isometric force of the craniocervical flexor and extensor muscles between women with and without forward head posture. *CRANIO®*. 2016 Sep 2;34(5):286-90.
- 15-** **Manshadi FD**, Ghanbari Z, Miri ES, Azimi H. Postural and Musculoskeletal Disorders in Women with Urinary Incontinence: A Research Report. *Journal of Clinical Physiotherapy Research*. 2016 Jul 31;1(1):27-31.
- 16-** Bokae F, Rezasoltani A, **Manshadi FD**, Naimi SS, Etemadi F, Baghban AA, Azimi H. Reliability of Rehabilitative Ultrasound Imaging In Measuring Thickness of Levator Scapula Muscle in Asymptomatic Women. *Journal of Clinical Physiotherapy Research*. 2016 Jul 31;1(1):39-41.
- 17-** Abedi M, **Manshadi FD**, Zavieh MK, Ashouri S, Azimi H, Parnanpour M. A reliability study of the new sensors for movement analysis (SHARIF-HMIS). *Journal of bodywork and movement therapies*. 2016 Apr 30; 20 (2):341-5.
- 18-** Roostayi MM, Norouzali T, **Manshadi FD**, Abbasi M, Baghban AA. The Effects of Cupping Therapy on Skin's Biomechanical Properties in Wistar Rats. *Chinese Medicine*. 2016 Mar 9;7 (01): 25.
- 19-** Sangtarash F, **Manshadi FD**, Sadeghi A. The relationship of thoracic kyphosis to gait performance and quality of life in women with osteoporosis. *Osteoporosis International*. 2015 Aug 1;26 (8):2203-8.
- 20-** Sadeghisani M, **Manshadi FD**, Kalantari KK, Rahimi A, Namnik N, Karimi MT, Oskouei AE. The correlation between Hip Rotation Range-of-Motion Impairment and Low Back Pain. A Literature Review. *Ortopedia, traumatologia, rehabilitac ja*. 2015 Oct; 17 (5): 455-62.
- 21-** Abedi M, **Manshadi FD**, Khalkhali M, Mousavi SJ, Baghban AA, Montazeri A, Parnianpour M. Translation and validation of the Persian version of the STarT Back Screening Tool in patients with nonspecific low back pain. *Manual therapy*. 2015 Dec 31;20(6):850-4.
- 22-** Sadeghisani M, Namnik N, Karimi MT, Rafiei AR, **Manshadi FD**, Eivazi M, Abdoli A. Evaluation of differences between two groups of low back pain patients with and without rotational demand activities based on hip and lumbopelvic movement patterns. *Ortopedia, traumatologia, rehabilitac ja*. 2014 Dec; 17(1):51-7.
- 23-** Sangtarash F, **Manshadi FD**, Sadeghi A, Tabatabaee SM, Gheysari AM. Validity and reliability of dual digital inclinometer in measuring thoracic kyphosis in women over 45 years. *Spine J*. 2014;3(170):2.

- 24- **Manshadi FD**, Parnianpour M, Sarrafzadeh J, rezaAzghani M, Kazemnejad A. *Abdominal hollowing and lateral abdominal wall muscle activity in both healthy men & women: An ultrasonic assessment in supine and standing positions. Journal of bodywork and movement therapies.* 2011 Jan 31;15(1):108-13.
- 25- **Manshadi FD**, Parnianpour M, Ghanbari Z, Sarrafzadeh J, Kazemnejad A. *A novel scheme for studying pelvic floor stability in women with and without Stress Urinary Incontinence: An ultrasonic investigation. In Biomedical Engineering (MECBME), 2011 1st Middle East Conference on 2011 Feb 21 (pp. 328-330). IEEE.*
- 26- Ghanbari Z, **Manshadi FD**, Jafarabadi M. *The effect of three months regular aerobic exercise on premenstrual syndrome. Journal of Family and Reproductive Health.* 2008;2 (4):167-71.
- 27- **Dehghan FM**, Khalkhali MZ, Roohi F, Abdolhamidi J, Rahimi A: *The effects of different light wavelengths on muscle strength in healthy subjects. ISPRM, Book, Prague-Czech Republic, 2003, ISBN: 88-323-3124-1: 783787*

### **Publications in Persian**

- 1- Nazari R, Ghasemi M, **Dehghan-Manshadi F**, Akbarzadeh-Baghban A. *Intra-rater reliability of sonographic measurement of the supraspinatus muscle thickness in Empty can, Full can and Hug up tests. Tehran University Medical Journal TUMS Publications.* 2017 Dec 15;75(9):663-8.
- 2- Azimpour D, Tahan N, Poursaeed F, **Dehghan Manshadi F**, Ghasemi E. *Extracorporeal shock wave therapy for the reduction of post stroke spasticity: review article and meta-analysis. Tehran University Medical Journal TUMS Publications.* 2017 Aug 15;75(5):332-42.
- 3- **Dehghan Manshadi F**, Mikaili S, Faghihzadeh Gorji I. *Ultrasonic Thickness of Middle Trapezius Muscle in Young Healthy Men. Journal of Mazandaran University of Medical Sciences.* 2017 May 15;27(148):148-53.
- 4- Jafari M, Ghasemi M, **Dehghan Manshadi F**, Akbarzadeh Baghban A. *Measuring the Average Thickness of Masseter Muscle via Ultrasonography in Healthy Young Males. The Scientific Journal of Rehabilitation Medicine.* 2017 Mar 21;6(1):169-74
- 5- **Dehghan Manshadi F**, Homayoon Zadeh M., Barat Sh. and Akbarzadeh A. *Comparison of the alignment of spine and pelvis and pelvic floor muscles' function between women with and without pelvic organ prolapse. Journal of Rehabilitation Medicine.* 2016; 4(4):89-97
- 6- Tajik F, Roustaei MH, **Manshadi FD**, Baghban AA, Vatanpour HO. *The comparison of efficacy and long-lasting effect of tap water iontophoresis in continuous direct and pulsed direct currents on primary hyperhidrosis of hand. J Rehab Med.* 2016; 5(2): 122-131.

7-Abdollahi S, **Dehghan Manshadi F**, Rezasoltani A, Akbarzadeh Baghban A. Relationship between lumbar lordosis, pelvic tilt and ultrasonic thickness of abdominal wall muscles in healthy young women. *The Scientific Journal of Rehabilitation Medicine*. 2015 Sep 23; 4(3):65-73.

8-Mirshahvelayati AS, **Dehghan Manshadi F**, Foroutan M, AkbarzadehBagheban A. Relationship between clinical symptoms and manometric findings in women with functional constipation. *The Scientific Journal of Rehabilitation Medicine*. 2015 Sep 23;4(3):94-100.

9-Barzegar Ganji Z, **Dehghan Manshadi F**, Khademi-Kalantari K, Ghasemi M, Tabatabaee SM. The immediate effect of Kinesio tape on the variation of shoulder position sense at different angles in patients with impingement syndrome. *The Scientific Journal of Rehabilitation Medicine*. 2015 Jul 6;4(2):37-45.

**10-Dehghan Manshadi F**, Haj-valie G, HeydariMoghadam R, Khademi Kalantar K, Karami M. The relationship between anterior knee pain and dysfunction of the sacroiliac joint. *Journal of Ergonomics*. 2015 Jun 15;3(1):10-6.

**11-Dehghan-Manshadi F**, Miri-Ashtiani E, Roustaei MM, Ghanbari Z, Akbarzadeh-Baghban AR. Chronic Pelvic Pain in Women Attending Pelvic Floor Clinic at The Imam Khomeini University Hospital. Tehran-Iran, 2011-2012. *Journal of Rehabilitation*. 2014 Jul 15; 15(2):42-51.

**12-Dehghan-Manshadi F**.et al. Standing Pelvic Postures and Continence Ultrasonic Parameters in Women with and without Stress Urinary Incontinence. *Journal of Research in Rehabilitation Sciences*. 2014 Mar 15; 9(7):1254-66.

**13-Farideh Dehghan-Manshadi**, Roxana Bazaz-Behbahani, KhosrowKhademi, Maryam Rahmani, Tahereh Eftekhari. Ultrasonic Thickness of Lateral Abdominal Wall Muscles in Response to Pelvic Floor Muscle Contraction in women with stress incontinence with and without Chronic Low Back Pain. *Journal of Rehabilitation*. 2014; 14(4):50-57.

**14-DehghanManshadi F**,Ghanbari Z, Giti M. Application of Ultrasonic Imaging for Assessment of Pelvic Floor Muscle Function. *Rehabilitation Medicine*. 2013 Nov 10;2(1).

**15-Dehghan Manshadi F**, Ghanbari Z, Jabbari Z, Miri E. Urinary incontinence, its related disorders and risk factors in women. *Journal of School of Public Health and Institute of Public Health Research*. 2013 Nov 15;11(2):53-63.

**16-Dehghan FM**,Frootan M, Javanbakhti M, Dadgoo M ., Kyhani M. The effects of a physiotherapy program based on education and pelvic floor muscle training on chronic



*functional constipation. Journal of Medical Council of Islamic Republic of Iran.2013; 30 (4): 400-407.*

**17-Farideh Dehghan Manshadi, Zinat Ghanbari, Masoumeh Giti. Application of Ultrasonic Imaging for Assessment of Pelvic Floor Muscle Function, A Review Article. J Rehab MED. 2013; 2(1): 58-66.**

**18-Norozali T, Rostayi MM, Dehghan Manshad F, Abbasi, M, Akbarzadeh Baghbn A, Khaleghi MR. The Effects of Cupping Therapy on Biomechanical Properties in Wistar Rat Skin. Journal of Research in Rehabilitation Sciences.2013; 5: 841-851.**

**19-Dehghan FM, Parnianpour M, Ghanbari Z, Sarrafzadeh J, Kazemnejad A .An Ultrasonic Investigation of Stability of Pelvic Floor in Women with and without Urinary Stress Incontinence. The Iranian Journal of Obstetrics, Gynecology and Infertility. 2012; 15(13):16-25.**

**20- Dehghan Manshadi F, Parnianpour M, SarrafZadehJ ,Kazemnejad A. The Effects of Abdominal Hollowing Maneuver on Thickness of Lateral Abdominal Wall Muscles. Pajoohandeh. 2010; 14 (5): 233-239.**

**21- Dehghan FM, Ghanbari Z, Frootan M, KuhpayehZadeh J, Moshtaghi Z. Chronic Pelvic Pain among a Group of Iranian employed Women. Tehran University Medical Journal.2009; 66 (10): 767-773.**

**22-Dehghan FM, AzariA ,KuhpayehZadeh J ,Ghasemi M. Knowledge, Attitude and Practice of Osteoporosis among Iranian Adolescent Females (2007). Modern Rehabilitation, 2009; 2 (3&4): 47-54.**

**23-F. Dehghan Manshadi, M. Emami, L. Ghamkhar, B. Shahrokhi, Z.Ghanbari. The Effects of A Three -Month Regular Aerobic Exercise on Premenstrual Syndrome. Journal of Rafsanjan University of Medical Sciences, 2008; 2:89-98.**

**24-Dehghan, F, Ghasemi M., Rezasoltani A. Pashae B. Prevalence of Low**

*Back Pain in Automobile Industries Workers, 2003, Tehran. Scientific Journal of School of Public Health and Institute of Public Health Research. 2004; 2(4 (8); 49-58.*

*25-Ghasemi, M.; Dehghan, F.; Rezasoltani, A.; Shaikhzadeh, H. Survey of the knowledge and function of motor industry workers in the care of lumbar spine injuries. Scientific Journal of School of Public Health and Institute of Public Health Research 2004; 3 (1): 53-60.*

*26-Dehghan Manshadi F.,JafariSh.,Amiri Z. An Investigation on the spinal column stabilizing exercises on the clinical signs among patients with chronic backache. Paramedical Sciences, Scientific Research Quarterly.2004; 2(3):337-344.*

*27-Ghasemi m.,EghlidiJ.,DehghanManshadi F.,Afshinjah N. Surveying on the prevalence of musculoskeletal pain (MSP) and the effects of personal and occupational factors on it in female employments of ShahidBeheshti university healthcare centers. Journal of the Faculty of Paramedical Sciences, 2003; 1 (3).*

*28-Dehghan FM, Amiri Z, Rabiee M. Prevalence of musculoskeletal pain among a group of Iranian dentists (Tehran 1999). Beheshti University Dent J 2003; 21 (2): 185-193.*

*29-F.Dehghan Manshadi, M. Khalkhali Zavieh, Y. Mehrabi. School Screening for Scoliosis and Trunk Asymmetries in High School Students (1999-2000), Tehran-IRAN. Journal of Rafsanjan University of Medical Sciences & Health Services, 2003, 2 (3, 4): 143-150.*

*30-Dehghan ManshadiF.,Naimi S. , Malekan M. Iranian Women Knowledge, Attitude, and Practice of Osteoporosis, 1999-2000. Journal of the Faculty of Paramedical Sciences, 2003; 1 (1): 23-30.*

*31-Dehghan ManshadiF .Clinical Examination of Pelvic Floor Muscles, First Edition 2010, Published by Noor-Danesh (www. noordaneshpub.com).ISBN: 978-964-413-194-3.*

## ***Papers Presented at International Congresses***

<b><i>Article Title</i></b>	<b><i>Congress Title</i></b>	<b><i>Type of Presentation</i></b>	<b><i>Place&amp;Date</i></b>
<i>The Value of Neuromodulation in Neurogenic Pelvic Floor Dysfunctions</i>	<i>First International Neurology Congress</i>	<i>Oral</i>	<i>Tehran-2016</i>
<i>Ultrasonic thickness of lateral abdominal wall muscles in response to pelvic floor muscle contraction in stress urinary incontinent women with and without chronic low back pain</i>	<i>8th Interdisciplinary World Congress on Low Back and Pelvic Pain</i>	<i>E-Poster</i>	<i>UAE, 2013</i>
<i>Postural and Musculoskeletal Disorders in Women with Urinary Incontinence</i>	<i>4<sup>th</sup> Emirates Physiotherapy Conference</i>	<i>Poster</i>	<i>UAE, 2012</i>
<i>A Novel Scheme for Studying Pelvic Floor Stability in Women with and without Stress Urinary Incontinence: An Ultrasonic Investigation.</i>	<i>1st Middle East Conference On Biomedical Engineering</i>	<i>Oral</i>	<i>UAE, 2011</i>
<i>Abdominal Hollowing and Lateral Abdominal Wall Muscles' Activity in both Healthy Men &amp; Women: An Ultrasonic Assessment in Supine &amp; Standing Positions</i>	<i>The XXII Congress of the International Society of Biomechanics</i>	<i>Oral</i>	<i>South Africa, 2009</i>
<i>Chronic Pelvic Pain among a Group of Iranian Occupied Women</i>	<i>Emirates Physiotherapy Conference,</i>	<i>Oral</i>	<i>UAE.2008</i>
<i>The Effects of A Three -Month Regular Aerobic Exercise on Premenstrual Syndrome.</i>	<i>Emirates Physiotherapy Conference,</i>	<i>Oral</i>	<i>UAE.2006</i>
<i>Studying the Prevalence of Urinary Incontinence and Women's Knowledge about Physical Therapy in Incontinence.</i>	<i>The 1st Beijing International Conference on Obstetrics &amp; gynaecology</i>	<i>Oral</i>	<i>Beijing, China, 2005</i>
<i>Low Back Pain, Prevalence, and Risk factors in Automobile Industries, 2003, Tehran-IRAN</i>	<i>5th Interdisciplinary World Congress on Low Back and Pelvic Pain</i>	<i>Poster</i>	<i>Australia, 2004</i>
<i>School Screening For Scoliosis and Trunk Asymmetries in High School Students</i>	<i>Kuwait First International Physical Therapy Conference</i>	<i>Poster</i>	<i>Kuwait, 2002</i>
<i>The Effect of Lumbar Stabilization Exercises on Clinical Symptoms of Patients with Chronic Low Back Pain</i>	<i>4th Interdisciplinary World Congress on Low Back and Pelvic Pain</i>	<i>Poster</i>	<i>Canada.2001</i>
<i>Iranian Women Knowledge, Attitude, and Practice of Osteoporosis</i>	<i>17th International Medical Sciences Student Congress</i>	<i>Oral</i>	<i>Turkey, 2001</i>

## **Workshop/Pre Conference Courses:**

### **A: As a lecturer:**

*1-Women Health Physiotherapy, A five day workshop, November 2014, **Kabul-Afghanistan.***

*1-Ultrasonography for Physical Therapists. School of Rehabilitation, Shahid Beheshti University of Medical Sciences, Sep. 2012, Tehran-Iran. 2-Physiotherapy for Incontinent Patients. Annual Meeting of Iranian Continence Society, spring 2011, Tehran-Iran.*

*3-Pelvic Floor Physiotherapy, Iranian Continence Society, winter 2011, Tehran -Iran*

*4-The Role of Physiotherapy on female sexual dysfunction, Vali A Hospital, Tehran Medical University, Feb 2008 & Jan 2011 Tehran-Iran.*

*5-Application of Mobilization in Mobility of Peripheral Joints & Spine, Faculty of Rehabilitation, Tehran University of Medical Sciences, March, 69,1995, Tehran-IRAN*

*6-Physiotherapy in Musculoskeletal Disorders, Faculty of Rehabilitation, Tehran University of Medical Sciences, Nov.6-10, 1993, Tehran-IRAN.*

### **B: As a Participant:**

*1- The 2 day course on, Kinesio Taping (**KT1&KT2**), Instructor: Dr. Ghazi Sarhan, Course Code: 16.00. 15-16/8/2013.Isfahan-Iran.*

*2-The 3 days Physiotherapy workshop of Lumbo-Pelvic Dysfunction. Presented by: Dr. Andry Vleeming, Organized by Iranian Sport Medicine Federation, 9-11 April 2012, Tehran-Iran.*

*3-Pelvic Floor Ultrasonography. Presented by: Prof. H. P. Dietz, ICS Annual Meeting, Aug.2010, Toronto, Canada.*

*4- Pelvic Floor Muscle Training. Presented by: Prof. Kari Bo, ICS Annual Meeting, Aug.2010, Toronto. Canada.*

*5-Methods of developing and using evidence-based clinical guidelines. Organized by: Center for Academic and Health policy (CAHP), Tehran University of Medical Sciences, March 6-8, 2008, Tehran-IRAN.*

*6-Pelvic Floor Rehabilitation & Conservative Management Course.*

*Chairman: Alain P. Bourcier, Organized by: Department of Health & Medical Services, Government of Dubai, 20th & 21st October 2007, Dubai, UAE.*

*7-Lower Limb Manual Therapy, Chairman: Dr. Ghahreman Divan Bigi, Organized by School of Rehabilitation, Iran Medical University, Apr. 15-21, 2005, Tehran –IRAN.*

*8- Movement, Stability & Low Back Pain, Chairman: Dr. Andry Vleeming, Organized by ACECR, Sep, 23-26, 2003, Tehran-IRAN.*

*9-Workshop on Research Methodology, Organized by: Shahid Beheshti University of Medical Sciences, Vice-chancellor office for research affairs, Apr.23-31, 1995, Tehran-IRAN.*

### ***Supervised Ph.D. Dissertations***

*1-Study of kinematics motor control Parameters in Non Specific Chronic Low Back Pain Patients on basis of STarT Back Screening tool.*

*2-Comparison of the Lumbo-pelvic-hip movement patterns between low back pain patients with flexion + rotation syndrome and healthy people*

### ***Consulted Ph.D. Dissertations***

*1-Comparison of flexion relaxation phenomenon (FRP) occurrence, strength of erector spinal muscles and spinal mobility in elderly women with and without thoracic hyperkyphosis posture*

*2-A Comparison of the Proximal Lower Limb Muscle Activation between Males with and without Patellofemoral pain syndrome and its correlation with the Postural Stability*

*3-Reliability of Ultrasonography to measure thickness of levator scapula muscle in healthy subjects*

### ***Supervised Master Theses***

*1- Ultrasonic thickness of lateral abdominal wall muscles in response to pelvic floor muscle contraction in stress urinary incontinent women with and without chronic low back pain (Defended in year 2010)*

*2-Survey on Chronic Pelvic Pain and factors associated with this pain among women attending to a pelvic floor clinic, Imam Khomeini Hospital (2011- 2012)*

*3-Validity and reliability of Dual Digital Inclinator in measuring thoracic kyphosis in women over 45 years (Defended in year 2013).*

*4- Effects of Percutaneous Posterior Tibial Nerve Stimulation on voiding dysfunctions in Cerebral Palsy.*

*5- The effects of Kinsio Taping on proprioception in patients with shoulder impingement syndrome.*

- 6- *The effects of posterior tibial nerve stimulation on Manometric parameters in women with functional constipation. 2-4: Ultrasonographic thickness of abdominal wall muscles in women with Sway back posture.*
- 7- *Comparison of spinal and pelvic alignment and pelvic floor muscle function between women with and without pelvic organ prolapse.*
- 9- *Anterior knee pain and its association with sacroiliac joint dysfunction*
- 10- *Comparison of the static and dynamic balance index between women with and without stress urinary incontinence.*
- 11- *Musculoskeletal dysfunction in women with and without chronic pelvic pain*
- 12- *The effects of Unihemispheric concurrent dual – site a – tDCS Technique (M1 and DLPfC) on pain level of women with chronic pelvic pain*
- 13- *Ultrasonographic thickness of lateral abdominal wall muscles based on STarT Back sub grouping Tool in non- specific chronic low back pain.*

### ***Consulted Master Theses***

- 1- *The effects of a physiotherapy program based on education and pelvic floor muscle training on chronic functional constipation (Defended in year 2008).*
- 2- *The Effects of Cupping Therapy on Biomechanical Properties in Wistar Rat Skin. (Defended in year 2013).*

### ***Presented Projects:***

- 1- *Studying Balance in women with and without Pelvic Organ Prolapse*
- 2- *Ultrasonic assessment of core & pelvic floor muscles in people with and without chronic pelvic pain*
- 3- *Effects of Neuromodulation on Diabetic bladder*
- 4- *Is there any co-activation between hip and pelvic floor muscles?*