

Zahra Ebrahimabadi

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Personal Information

Name: Zahra

Surname: Ebrahimabadi

Nationality: Iranian

Date of Birth: Oct,1984

Gender: Female

Work Address: Physical Therapy Department, school of Rehabilitation, Imam Hossein Hospital, Tehran, Iran.

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Educational Background

- **PhD**, in Physical Therapy, (2011-2016), ShahidBeheshi University of Medical Science (SBMU), Tehran, Iran.
- **M.Sc**, in Physical Therapy, (2008-2010), ShahidBeheshi University of Medical Science (SBMU), Tehran, Iran.
- **B.Sc**, in Physical Therapy, (2003-2007), Tehran University of Medical Science (TUMS), Tehran, Iran.

Professional Experiences

Full Time Lecture, 2018 till now

Physical Therapy Department

ShahidBeheshi University of Medical Science (SBMU)

Part Time Lecture and Clinical Structure, 2016-2017

Physical Therapy Department

ShahidBeheshi University of Medical Science (SBMU)

Part Time Lecture and Clinical Structure, 2010-2012

Physical Therapy Department

ShahidBeheshi University of Medical Science (SBMU)

Physical Therapist, 2010

Iranian Hemophilia Society

Physical Therapist, 2007-2010

Private Physical Therapy institute

Course Teaching

Massage and mobilization Tech

Physical therapy in Orthopedic Disorder I

Physical therapy in Orthopedic Disorder II

Physical therapy in Rheumatoid Disorder

Workshop attended

Comprehensive Approached in evaluation and treatment of Pelvic: manipulation-exercise & Dry needling. Held by Rehabilitation University, 2009

Upper & Lower Limb Taping, Held by ShahidBeheshti University of Medical Science, 2011

Essay writing, Held by ShahidBeheshti University of Medical Science, 2011

Mat lab in Clinical Gait Analysis, Held by ShahidBeheshti University of Medical Science, 2016

Presentation in Congress, Workshop...

Effect of anxiety on Hoffman Reflex parameters in female university student. 21th Iranian Physical Therapy Congress (2010).

Effect of anxiety on balance, 17th Iranian sport medicine congress (2011).

Design, construction and validity of smart pen detecting spinal abnormalities with use of invisible infrared radiation (IR), 10th sport sciences congress (2015)

Design, construction and validity of smart pen detecting spinal abnormalities with use of invisible infrared radiation (IR), 17th Seminar in specific spinal physical therapy (2016)

Alternation of controlled strategies during gait initiation in chronic ankle patients individuals, 17th Electrotherapy congress (2016)

Influence of temporal pressure constraint on postural adjustments during gait initiation in patients with chronic ankle instability, 27th Iranian Physical Therapy Congress (2017)

Honors

Design, construction and validity of smart pen detecting spinal abnormalities with use of invisible infrared radiation (IR), Selected New Ideas Festival(2015) & patent in BoniadeElmiNokhbegan (2017)

Publications

State anxiety affected on balance score in young female university student; Journal of medical science (2012)

The effect of state anxiety on Hoffmen reflex parameters in female university students; scientific journal of rehabilitation medicine (2012)

The effects of anxiety on balance parameters in young female students; Iranian journal of psychiatry (2012)

The applicability proprioceptive and endurance measurement protocols to treat patients with chronic non-specific neck pain; EL mednifico journal (2014)

The study of prophylactic athletic ankle taping on vertical ground reaction force during landing; scientific journal of rehabilitation medicine (2016)

Neuromuscular control strategies alter in individuals with chronic ankle instability during gait initiation; Iranian Red Crescent medical journal (2017)

Investigating the anticipatory postural adjustment phase of gait initiation in different directions in chronic ankle instability patients; journal of body work and movement therapy (2018)

Educational Interests & Clinical Interest

Clinical Gait analysis, Women Health, Education in physical Therapy