



Monire Nobahar Ahari

PhD in Occupational Therapy

H-Index: 1

Date of Completion: September 2023

Academic Affiliation

Assistant Professor, Department of Occupational Therapy,
School of Rehabilitation, Shahid Beheshti University of
Medical Sciences, Tehran, Iran.

Find me online



<https://orcid.org/0000-0002-6433-745X>



<https://www.researchgate.net/profile/Monire-Nobahar-Ahari>



<https://www.linkedin.com/in/monire-nobahar-/details/experience/>



<https://www.scopus.com/authid/detail.uri?authorId=57200253868>

Shahid Beheshti University of
Medical Sciences, Tehran, Iran



(+98) 21-77561721



m.nobahar@sbmu.ac.ir
nobahar.ot@gmail.com



Department of Occupational Therapy 

Academic Educations

- 2011-2019: **Ph.D. in Occupational Therapy**, Iran University of Medical Sciences, Tehran, Iran
- 2007-2010: **MSc. in Occupational Therapy**, Tehran University of Medical Sciences, Tehran, Iran
- 2002-2006: **B.Sc. in Occupational Therapy**, University of Social welfare and Rehabilitation Sciences, Tehran, Iran

Thesis

- **Thesis Title (PhD):** Development and psychometric properties of the School Interim Competency of Performance Skill Battery Scale (SICPSBS) in children aged 5-7 years old.
Supervisors: Dr. Akram Azad / Dr.Mehdi Alizadeh Zarei
- **Thesis Title (MSc):** Comparison of Balance task performance under dual task condition between youth and older adults
Supervisor: Dr. Seyed Ali Hosseini
- **Thesis Title (BSc):** Oral Feeding in children with Cerebral Palsy
Supervisor: Dr. Mehdi Rezaei

Publications

Nobahar Ahari M, Azad A, Alizadeh-Zarei M, Ebadi A, Parand A, Mohammadi P. Development and validity of the school interim competency of performance skill battery scale (SICPSBS). *International Journal of Pediatrics*. 2018 Nov 1;6(11):8451-73.

Nobahar Ahari M, Shojaei A. Occupational Therapy Interventions in Visual Perception Disorders. *J Except Educ* 2016; 5 (142) :31-37

Nobahar Ahari M, Nejati V, Hosseini A. Comparing age-related changes of balance performance in youth and older Adults. *Iranian Journal of Ageing*. 2010 Apr 10;5(1)

Nobahar Ahari M, Nejati V, Hosseini A. Comparing age-related changes of balance performance in youth and older Adults. *Iranian Journal of Ageing*. 2010 Apr 10;5(1)

Nobahar Ahari M, Nejati V, Hosseini SA. Attentional Demands of balance under Dual Task Conditions in young adults. Iranian Rehabilitation Journal. 2012 Oct 10;10(3):66-71

Research Interests

1. Occupation and Using Occupational therapy Models in Practice
2. Measurement in Occupational Therapy
3. Cognitive Rehabilitation
4. Occupational Therapy and Cognitive Interventions in children with Attention Deficit Hyper Activity Disorder

Executive & Work Experiences

- Lecturer – University Of Social Welfare and rehabilitation Sciences, Tehran, Iran (2009-2011)
- Haami Pediatric Rehabilitation Centre. Occupational Therapist the Head of Pediatric Mental Health department - Tehran, Iran (2016-2018)
- Mahya Pediatric Rehabilitation Centre Occupational Therapist the Head of Pediatric Mental Health department - Tehran, Iran (2013-2018)
- Mehr rehabilitation Center. Occupational Therapist- Tehran, Iran (2012-2013).
- Asma educational, research and rehabilitation center.Occupational Therapist and the Head of Pediatric Mental Health Department- Tehran, Iran (2009- 2011)
- Member of the Scientific Committee of the 18th Iran National Occupational Therapy Congress Iran University of Medical Sciences, Tehran, Iran (2012)
- Executive secretary and member of the scientific committee of the first national conference on neuro-rehabilitation of Iran. Shahid Beheshti University, Tehran, Iran (2010)
- Zafar Rehabilitation Center. Occupational therapist- Tehran, Iran (2006- 2008)

University Teaching Experience

- Occupational Performance. . Shahid Beheshti University of Medical Sciences, Department of Occupational (2021,2023)
- Occupational therapy in Pediatrics (1). Shahid Beheshti University of Medical Sciences, Department of Occupational (2020,2022)

- **Research Methodology.** Shahid Beheshti University of Medical Sciences, Department of Occupational (2020,2022)
- **Theories and Models of Occupational Therapy.** Shahid Beheshti University of Medical Sciences, Department of Occupational (2010,2011)
- **Group and Interpersonal communications.** Shahid Beheshti University of Medical Sciences, Department of Occupational therapy, Tehran- Iran (2010, 2011)
- **Sensory Integration in Neurodevelopmental Disorders.** Shahid Beheshti University, cognitive neuroscience behavior research center, Tehran- Iran (2018, 2019)
- **Fieldwork supervisor: occupational therapy in Pediatric mental health.** Shahid Beheshti University of Medical Sciences (2022- Present)
- **Fieldwork supervisor: occupational therapy in Pediatric mental health.** Shahid Beheshti University of Medical Sciences (2015-2017)
- **Fieldwork supervisor: occupational therapy in Pediatric mental health.** Iran University of Medical Sciences. (2012- 2020)
- **Fieldwork supervisor: occupational therapy in Pediatric mental health.** University of Social Welfare and Rehabilitation Sciences (2010- 2012)

Congress, Conference, Seminar Presentations

Oral Presentations

- **Self-regulation strategies in children with ADHD,** The Islamic Republic of Iran Medical Council, 2023
- **Executive function Assessments in Neurodevelopmental Disorders.** The 1st Seminar on updates in Occupational Therapy Clinical Practice, University of Social Welfare and Rehabilitation, Tehran- Iran (2023)
- **Development and Validity of the School Interim Competency of Performance Skill Battery Scale (SICPSBS).** The 13th Asian Conference on Psychology and Behavioral Sciences (2023)
- **Executive Function in Pediatrics.** Shahid Beheshti University of Medical Sciences, Department of Occupational therapy, Tehran- Iran.
- **Frame of reference for Visual Perceptual Problems.** Webinar, Shahid Beheshti University of Medical Sciences, Department of Occupational therapy, Tehran- Iran
- **Investigating age-related changes in balance functions in young and elderly people.** Winning the best conference paper in the Neuro-Psychology of Aging Committee of the First Iran Clinical Neuro-Psychology Conference (2010)

Cooperation with Journals as Reviewer:

- Innovative Journal of Pediatrics (Iranian Journal of Pediatrics)/ since 2015
- Asian Journal of Sport Medicine since 2020
- Iranian Journal of Psychiatry and Behavioral Sciences since 2020

Awards and Honors and Achievements

- Receiving Assistant Professors Grant by Shahid Beheshti University of Medical Sciences
- Distinguished Clinical Supervisor in Asma educational, research and rehabilitation center. University of Social Welfare and Rehabilitation – Tehran, Iran
- Full academic award. (Top MSc Student). University of Social Welfare and Rehabilitation – Tehran, Iran

Memberships

1. Iranian Occupational Therapy Association, Active Member (2006- Present)
2. Iran Medical Council, Occupational Therapy, Registration number: 458. (2006- Present)
3. World Federation of Occupational therapy (2023- 2025)

Languages

1. Persian
2. English

References:

1. Dr.Minoo Kalantari, Associate Professor, Department of Occupational Therapy. School of Rehabilitation. Shahid Beheshti University of Medical Sciences, Tehran, Iran. Telephone Number: +98 912 808 6589
Email: mn_kalantari@yahoo.com
2. Dr. Akram Azad. Associate Professor of Occupational Therapy. Department of Occupational Therapy. School of Rehabilitation Sciences, Iran University of Medical Sciences, Tehran, Iran. Telephone Number: +98 22227124 , +98 22222059 Email: azad.a@iums.ac.ir, azad.akram.96@gmail.com
3. Dr. Seyed Ali Hosseini, Professor, Department of Occupational Therapy, University of Social Welfare and Rehabilitation Sciences, Theran, Iran. Telephone Number: +9822180037, Email: sahosseini@uswr.ac.ir, alihosse@gmail.com
4. Dr. Mehdi alizadeh Zarei, Assistant professor Department of Occupational Therapy. School of Rehabilitation Sciences, Iran University of Medical Sciences, Tehran, Iran, Telephone Number: +98 22227124, +98 22222059, alizadeh.m@iums.ac.ir mehdi.alizadeh@yahoo.com