



Mehdi Rezaee

PhD in Occupational Therapy

H-Index: 4

Date of Completion: September 2023

Academic Affiliation

Department of Occupational Therapy, School of Rehabilitation,
Shahid Beheshti of Medical Sciences, Tehran, Iran.

About Me

I have a PhD in Occupational Therapy from the University of Social Welfare and Rehabilitation Sciences. I have been working full time in the Faculty of Rehabilitation of Shahid Beheshti University of Medical Sciences since 1999. During these years, I have been engaged in education and research in the field of mental health and psychosocial rehabilitation. My favorite areas of research include occupational therapy in psychosocial disorders, geriatric rehabilitation, and vocational rehabilitation.

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Academic Educations

- **PhD in Occupational Therapy** , Department of Occupational therapy, School of Rehabilitation, Shahid Beheshti University of Medical Sciences, Tehran (2009-2014)

Thesis Title

- **Thesis Title (PhD):** Explanation of Clinical Education Process in Occupational Therapy
Supervisor: Dr. Mehdi Rassafiani

Publications

- Published Articles

1. Mousa Garmabi K, Rezaee M, Pashmdarfard M. Factors Associated with Participation of Community-Dwelling Older Adults in Activities Related to Leisure and Social Participation: A Systematic Review. 2023; 10(2).
2. Niazi B, Kalantari M, Azhdar M, Tabatabaee SM, Daryabor A, Rezaee M*. The Relationship Between the Fine Motor Skills and Occupational Self-Assessment of Children with Hemiplegic Cerebral Palsy. Middle East Journal of Rehabilitation and Health Studies. 2022; 9(3)
3. Yazdani F, Rezaee M, Rassafiani M, Roberts D, Abu-Zurayk W, Amarlooee M. The COVID-19 pandemic may force the world to reflect on the pre-pandemic style of life. International Journal of Travel Medicine and Global Health. 2021;9(3):124-31.
4. Kaviani Broujeni R, Rezaee M*, Pashazadeh Azar Z, Tabatabaee M, Gerivani H. The measure of processes of care 20-item (MPOC-20): Validity and reliability of the Persian version. Archives of Rehabilitation. 2021;22(1):102-17.
5. Yazdani F, Nazi S, Kavousipor S, Karamali Esmaili S, Rezaee M, Rassafiani M. Does covid-19 pandemic tell us something about time and space to meet our being, belonging and becoming needs? Scandinavian Journal of Occupational Therapy. 2021:1-10.
6. Saghae A, Ghahari S, Nasli E, sharifi F, Alizade-Khoe M, Rezaee M *. Evaluation the effectiveness of Diabetes Self-Management Education in community-dwelling older adults with type 2 diabetes in Iran: A Randomized Controlled Trial. Journal of Diabetes & Metabolic Disorders, Published online: 11 November 2020
7. Nikbakht N, Rezaee M *, Kalantari M, Tabatabaee S M, Shahid G A. Psychometric properties of the Persian version of Penn Parkinson's Daily Activities Questionnaire-15. Basic and Clinical Neuroscience (Accepted Manuscript).2020
8. Amiri A, Kalantari M *, Rezaee M, Akbarzadeh Baghban A, Gharebashloo F. Predictive role of individual factors in the leisure preferences of children and adolescents with cerebral palsy: a cross-sectional study in Iran. International Journal of Therapy and Rehabilitation.2020; 27(10)
9. Ghaffari S, Kalantari M *, Rezaee M, Akbarzadeh Baghan A. Predictors of Leisure Participation in 6 -14 Years Old Children with Cerebral Palsy: Structural Equation Modeling. Iranian Journal of Child Neurology. 2020; 14 (2), 41-57
10. Amiri A, Kalantari M *, Rezaee M, Akbarzadeh Baghan A, Gharebashloo F. Effect of Child Factors on Parental Attitude toward Children and Adolescents with Cerebral Palsy in Iran. Iranian Rehabilitation Journal. 2020; 17(4):319-330

11. Hedayatjoo M, Rezaee M *, Alizadeh Zarei M, Mirzakhany N, Nazeri A, Akbarzadeh Baghban A, Hedayatjoo Z, Mokhber Dezfoly R. Effect of Balance Training on Balance Performance, Motor Coordination, and Attention in Children with Hearing Deficits. *Archives of Neuroscience*. 2020; 7(1):e84869
12. Amiri A, Kalantari M*, Rezaee M , Akbarzadeh Baghban A. Participation in leisure-time activities and the role of individual factors in children and adolescents with cerebral palsy. *International Journal of Therapy and Rehabilitation*.2019; 26(5):1-16
13. Amiri A, Kalantari M*, Rezaee M, AA Baghban. Correlation between mother-child relationship and participation of children and adolescents with CP in leisure time activities. *Iranian Rehabilitation Journal*. 2018; 16 (2), 203-215
14. Mokhber Dezfoly R, Rezaee M*, Kalantari M, Akbarzadeh Baghban A, Kohan A H. et al. Depression in Patients with Spinal Cord Injury Referred to the Specialized Centers in Tehran, Iran, *Arch Neurosci*. 2018; 5(3):e66718. [doi: 10.5812/archneurosci.66718](https://doi.org/10.5812/archneurosci.66718).
15. Neger Nikbakht, Mehdi Rezaee*, Kalantari M, Tabatabaee S M. The Persian version of Penn Parkinson's Daily Activities Questionnaire-15: Face and Content Validity. *Journal of Clinical Physiotherapy Research*.2018; 3(1):5-8
16. Marashipour S M, Mirzakhani N* , Rezaee M, Shafiei Z, Akbarzadeh Baghban A. Effect of Consulting Package of Time on Increasing Leisure Time and Satisfaction of Time Management in Mothers of Children with Cerebral Palsy. *J Rehab Med*. 2017; 7(4): 107-115.
17. Dehghan L, Mirzakhani N*, Rezaee M, Tabatabaee SM. The Relationship between Fine Motor Skills and Social Development and Maturation. *Iranian Rehabilitation Journal*. 2017; 15(4):407-414
18. Dabiri Golchin M, Mirzakhani N *, Stagnitti K, Dabiri Golchin M, Rezaee M. Psychometric Properties of Persian Version of “Child-Initiated Pretend Play Assessment” For Iranian Children. *Iranian Journal of Pediatrics*.2017; 27(1):e7053
19. Baghoori D, Mehdizadeh M, Rezaee M *, Habibi S A H, Mirzakhan N. Evaluating the Psychometric Properties of the Persian version of Parkinson Fatigue Scale (PFS-16) in Patients with Parkinson's disease. *Journal of Clinical Physiotherapy Research*.2017; 2(2): 88-93
20. Sabaghi A, Rezaee M*, Mirzakhani N, Irani A, Tabatabai S M. Effectiveness of Neurofeedback Training on Reading Performance and Working Memory in Students with Dyslexia. *J Rehab Med*. 2017; 6(3): 11-20.
21. Hedayatjoo M, Rezaee M*, Mirzakhani N, Alizadeh Zarei M, Nazeri A, Akbarzadeh Baghban A. Balance Performance in 7 to 12 Year-Old Students with Hearing Loss in Qom Deaf Schools. *J Rehab Med*. 2017; 6(3): 95-102.
22. Raeesi Roudbari P, Rezaee M*, Mirzakhani N, Akbarzadeh-Baghban A. The Relationship between Clinical Competency and Job Satisfaction of Occupational Therapists in Tehran. *J Rehab Med*.2017; 5(4): 36-46.
23. Maleki Z, Rezaee M*, Mirzakhany N, Shafiee Z, Tabatabaee S M. Occupational Therapy BSc students' Critical Thinking Skills at Shahid Beheshti University of Medical Sciences, Tehran. *J Rehab Med*.2017; 5(4): 84-93.
24. Baghoori D, * Rezaei M, Mirzakhani N, Irani A, Akbarzadeh Baghban A. Face and Content validity of Persian version of Parkinson Fatigue Scale (PFS-16) in people with Parkinson's disease. *J Rehab Med*.2016; 5(1): 85-92
25. eslamdoost M, Rezaee M*, PashazadehAzari Z, Akbarzadeh-Baghban A. Comparison patterns of motor function in high function autistic children and normal 7 - 12 years. *J Rehab Med*.2016; 5(2): 96-105.
26. Maleki Z, Rezaee M*. Medical Sciences Students' Critical Thinking Skills and the Effect of the University Curriculum: A Literature Review. *J Rehab Med*.2016; 4(4): 156-165.

27. Mirzakhani N*, Pourjabbar N, Rezaee M, Dibajnia P, Akbarzadeh Baghban A. Efficacy of structured play on the executive functioning in 5-to 12-year-old children with high-functioning autism. *J Rehab Med.* 2016; 5(3): 35-47.
28. Mirzakhani N*, Kangarani Farahani M, Rezaee M, Akbarzadeh Baghban A, Smaeil Sadeghi E. Comparison of assertiveness skills and anxiety between students with learning disability and typical peers in elementary schools of Tehran. *J Rehab Med.* 2016; 5(2): 209-217.
29. Eghlidi J, Shafiee Z, Vatandust M*, Rezaee M, Jamebozorgi AA, Tabatabaee S M. Effects of mental practices on balance and quality of life in stroke. *J Rehab Med.* 2016; 4(4): 20-27.
30. Mahdavi Gharavi Z, Rezaee M*, Pashazadeh Azari Z, Hassanzadeh R, Tabatabaee SM. Comparison of implicit motor learning and explicit motor learning in patients with schizophrenia. *J Rehab Med.* 2016; 5(3): 139-147.
31. Mirzakhani N, Dabiri Golchin M*, Rezaee M, Tabatabaee SM, Dabiri Golchin M, Stagnitti K, Pashazadeh Z. Reliability of Persian version of ChIPPA for pretend play assessment in children. *Pejouhandeh* 2016; 21(2): 87-92.
32. Mirzakhani N, Dabiri Golchin M *, Rezaee M, Tabatabaee SM, Zeinali R, Yasaei R, Dabiri Golchin M, Stagnitti K. Translation, face, and content validity on "child initiated pretend play assessment" for 4-7 years children. 2016; 5(1): 21-30.
33. Amirian S R, * Rezaee M, Pashazadeh azari Z, Tabatabaee SM. Validity and reliability of children's assessment of participation and enjoyment for people with disability aged 7-17 years old. *J Rehab Med.* 2015; 4(1): 26-32
34. Shafiee Z, Ghahari M, Hosseini M A, Rezaee M, Rassafiani M. Localization of occupational therapy clinical practice guideline to improve the upper extremity function in patients with stroke: an integrative review and expert panel. *J Rehab Med.* 2015; 4(3): 166-180.
35. Rezaee M, Rassafiani M*, Khankeh H, Hosseini M. A. Experiences of occupational therapy students in the first fieldwork education: a qualitative study. *Med J Islam Repub Iran.* 2014; Vol. 28:110
36. Rezaee M, Khankeh H, Rassafiani M*, Hoseini M.A. Occupational Therapy Students' Experiences of the First Fieldwork Education: A Qualitative Study, *the Journal of Medical Education Development*, 2014; 7(13), 34-44
37. Rezaee M, Arabi S*, Sahaf R, Rassafiani M, Hosseini H, Mirzakhany N, Tabatabaee SM. Validity and reliability of the Persian version of measurement of the quality of life of people with disabilities. *Pejouhandeh.* 2014; 19(2): 91-98.
38. Lotfi A, Rezaee M*, Pashazadeh Azari Z, Yazdani F, Rassafiani M Akbarzadeh Baghban A. Construction and Validation of Parenting Role Tasks Questionnaire in Persian. *The Scientific Journal Of Rehabilitation Medicine.* 2014; 3(2), 60-67
39. Mortazavy N, Rezaee M*, Rassafiani M, Tabatabaee M, Mirzakhani N. Validity and Reliability of Persian Version of LIFE Habits Assessment for Cerebral Palsy Children Aged 5-13 Years Old (Short Form). *Journal of Rehabilitation.* 2014; 14(6). 115-123
40. Shafiee Z, Hosseini MA, Rassafiani M, Rezaee M. Effects of Constraint- Induced Movement Therapy (CIMT) on improvement of upper-limb and hand function in stroke patients: an integrative review. *J Rehab Med.* 2013; 2(3): 52-61
41. Rezaee M*, Karbalainori A, Hosseini S.A, Khankeh H.R., Ethical Issues of Occupational Therapist in the Field of Mental Health. *Archives of Rehabilitation*, 2013, 14(4), 82-89
42. Mohseni Takalu.M, Rezaee.M*, Klantari.M, Tabatabai.M. The role of locus of control and personality dimensions in the prediction of job satisfaction of occupational therapists employed in Tehran governmental organizations. *Journal of Research in Rehabilitation Sciences.* 2012; 8(4), 1- 11

43. Mozayan M, Rezaee M*, Kalantari M, Tabatabaee M. A Survey on Burnout and Related Factors among Occupational Therapists in Iran.2011; 1(1), 44-53
44. Rezaee,M. Addressing elder abuse and neglect, *Journal of the Iranian OT Association*.2005; 9, 7-10
45. Rezaee,M. Ethics in occupational therapy, *Journal of the Iranian OT Association*, 2001; 2, 5-11
46. Rezaee,M. Altered body image in children, *Journal of the Iranian OT Association*. 2000; 17, 4-15
47. Rezaee,M. Philosophical base of occupational therapy, *Journal of the OT Association*. 1999; 13, 17-22
48. Rezaee,M. Educational essay for mothers of cerebral palsy children,*Journal of the Iranian OT Association*. 1998; 7, 11-16

- Published Books

Rezaee,M.&Jakan,M.(2006)translation of *Teach yourself managing stress*,Danjeh co.

Researches & Grants

1. Department of Occupational therapy, Shahid Beheshti University of Medical Sciences, Tehran

Project: Comparison of the effects of observation of movement and mirror therapy on upper limb function and independence of stroke patients

Supervisor: Dr.Minoo Kalantari

2. Department of Occupational therapy, Shahid Beheshti University of Medical Sciences, Tehran

Project: Study of burnout and its related factors in Iranian occupational therapists

Supervisor: Dr.Mehdi Rezaee

3. Department of Occupational therapy, Shahid Beheshti University of Medical Sciences, Tehran

Project: Evaluation of the effectiveness of diabetes self-management training program in the elderly with type 2 diabetes

Supervisor: Dr.Mehdi Rezaee

4. Department of Occupational therapy, Shahid Beheshti University of Medical Sciences, Tehran

Project: A study of critical thinking skills of occupational therapy students in Tehran's universities

Supervisor: Dr. Mehdi Rezaee

5. Department of Occupational therapy, Shahid Beheshti University of Medical Sciences, Tehran

Project: Translation and evaluation of psychometric properties of Persian version of Parkinson's Fatigue Scale (PFS-16) in people with Parkinson's disease

Supervisor: Dr. Mehdi Rezaee

6. Department of Occupational therapy, Shahid Beheshti University of Medical Sciences, Tehran

Project: Evaluation of the effectiveness of Kawa intervention on psychological well-being, social isolation and quality of life in people with multiple sclerosis

Supervisor: Dr.Navid Mirzakhany

7. Department of Occupational therapy, Shahid Beheshti University of Medical Sciences, Tehran

Project: Validity and reliability of the Persian version Evaluation of fine motor skills and executive functions in children with attention deficit hyperactivity disorder

Supervisor: Dr. Minoos Kalantari

8. Department of Occupational therapy, Shahid Beheshti University of Medical Sciences, Tehran

Project: Designing and evaluating the validity and reliability of the ethical distress questionnaire in Iranian occupational therapists

Supervisor: Dr. Minoos Kalantari

9. Department of Occupational therapy, Shahid Beheshti University of Medical Sciences, Tehran

Project: Investigating the relationship between occupational balance and quality of life between dormitory and non-dormitory students of Shahid Beheshti University of Medical Sciences

Supervisor: Dr. Minoos Kalantari

10. Department of Occupational therapy, Shahid Beheshti University of Medical Sciences, Tehran

Project: Comparison of spiritual health, use of time and quality of life of mothers of blind children and mothers of normal children

Supervisor: Dr. Navid Mirzakhany

11. Department of Occupational therapy, Shahid Beheshti University of Medical Sciences, Tehran

Project: Identifying the factors affecting the intensity of participation in leisure time of children with cerebral palsy aged 6 to 14 years in Shiraz

Supervisor: Dr. Minoos Kalantari

12. Department of Occupational therapy, Shahid Beheshti University of Medical Sciences, Tehran

Project: Evaluation of pretend plays of autistic children in the age range of 5-7 years using ChIPPA test in comparison with peers

Supervisor: Dr. Navid Mirzakhany

13. Department of Occupational therapy, Shahid Beheshti University of Medical Sciences, Tehran

Project: Investigating the effect of time management counseling package for mothers of children with cerebral palsy.

Supervisor: Dr. Navid Mirzakhany

14. Department of Occupational therapy, Shahid Beheshti University of Medical Sciences, Tehran

Project: The effect of using sensory integration techniques on the academic performance of second and third grade students with reading disorders

Supervisor: Dr. Navid Mirzakhany

15. Department of Occupational therapy, Shahid Beheshti University of Medical Sciences, Tehran

Project: Evaluation of the validity and reliability of the Persian version of Pretend play test for evaluating spontaneous child play in normal children aged 4-6 years in Tehran

Supervisor: Dr. Navid Mirzakhany

16. Department of Occupational therapy, Shahid Beheshti University of Medical Sciences, Tehran

Project: Investigating the relationship between leisure time and sleep quality during the corona pandemic

Supervisor: Dr. Mehdi Rezaee

17. Department of Occupational therapy, Shahid Beheshti University of Medical Sciences, Tehran

Project: Investigating the effect of cognitive behavioral therapy on depression and quality of life of spinal cord injury patients

Supervisor: Dr. Mehdi Rezaee

Research Interests

1. Education
2. Psychosocial Occupational therapy
3. Geriatric
4. Vocational Rehabilitation

Skills & Work Experiences

1. lecturer, Department of Occupational therapy. School of Rehabilitation Shahid Beheshti University of Medical Sciences, Tehran, Iran. **From 1999 until Now**

University Teaching Experience

Professional Experience

- Occupational therapy in psychosocial disorders.
- Activity analysis.
- Vocational rehabilitation.
- Consultation in occupational therapy:
 - Psychosocial rehabilitation
- Application of art in occupational therapy
- Theories and models in occupational therapy
- Vocational preparation
- Occupational therapy in the Elderly

Clinical Instructor

- Supervisor and clinical instructor of occupational therapy students in mental health field

Teaching Workshops

Congress, Conference, Seminar Presentations

- Oral Presentations

- 1-Rezaee, M (2014) *Fieldwork education: Challenges and opportunities*. 19th Iranian annual occupational therapy congress. Tehran, Iran. oral presentation published in abstract book
- 2-Rezaee, M (2012) *Occupational Therapy Students' Experiences on the First Fieldwork Education: A Qualitative Study*. 17th Iranian annual occupational therapy congress. Tehran, Iran. oral presentation published in abstract book.
- 3-Rezaee, M (2011) *burnout syndrome among Iranian occupational therapist*. 16th Iranian annual occupational therapy congress. Tehran, Iran. oral presentation published in abstract book.
- 4- Rezaee, M (2010) *consultation in occupational therapy*. 15th Iranian annual occupational therapy congress. Tehran, Iran. oral presentation published in abstract book.
- 5- Rezaee, M (2009) *The Olfactory Process and its Effect on Human Behavior*. 14th Iranian annual occupational therapy congress. Tehran, Iran. oral presentation published in abstract book.
- 6- Zeinali, R. & Rezaee, M & Ghassemi Broumand, M (2009) *Normalizing Test of Visual Motor Integration in primary school children in Tehran*. 19th Iranian Congress of Ophthalmology . Tehran , Iran. poster presentation published in abstract book.
- 7- Zeinali, R. & Rezaee, M. (2005) *The effectiveness of occupational therapy services*. 11th Iranian occupational therapy congress.
- 8- Zeinali, R. Kalantari, M. Rezaee, M. et al (2000) *Sensory integration, 7 days workshop for special education organization, Tehran*.
- 9- Zeinali, R. Kalantari, M. Rezaee, M. (2000) *Occupational therapy consultation, 8th Iranian annual OT congress, Tehran, 1 day workshop*.
- 10- Rezaee, M. Behnia, F. Bayanzadeh, A. (1999) *The survey of the effect of education and Consulting of ADL to the retarded children s mothers*, 7th Iranian annual OT congress, Tehran.

- Poster Presentations

- 1-Rezaee, M. & Kardani, M. (2006) *Relationship between neck pain and ergonomic factors among dentists*. 14th WFOT congress, Sydney , Australia, poster presentation published in abstract book.
- 2- Rezaee, M. Kkadem, E. Amiri, Z. (2005) *Fear of falling and participation in ADL among older adults*, 39th Japanese OT congress, Japan, poster presentation published in abstract book.
- 3- -Rezaee, M. Kardani, M. (2004) *Relationship between neckpain and eergonomic factors among Dentists*. 10th Iranian annual OT congress, Tehran, Iran, poster presentation published in abstract book.

Cooperation with Journals as Reviewer:

Scientific Journal of Rehabilitation Medicine. <http://medrehab.sbmu.ac.ir/>

Function and Disability Journal. <http://fdj.iuims.ac.ir/>

Executive Experiences

1. *Head of Occupational Therapy Department, 2008-2009*
2. *Vice Chancellor for Support, School of Rehabilitation, 2014*
3. *Vice Chancellor for Cultural Affairs of the Faculty of Rehabilitation since 2015*
4. *Deputy of Education of the Faculty of Rehabilitation 1399-1398*
5. *Scientific Secretary of the 21st Iranian Occupational Therapy Congress 2016*

Memberships

1. *Islamic Republic Of Iran Medical Council, 2009 until Now*

Awards and Honors and Achievements

Selected distinguished lecturer in 2003 & 2005 & 2010

Participated in workshops & Courses

- *The Intentional Relationship Model (2017) conducted by Iran University of Medical Sciences, 16 hours.*
- *Cognitive Behavioral Therapy in Occupational Therapy (2017) conducted by Iran University of Medical Sciences, 16 hours.*
- *SPSS (2009)) conducted by Shahid Beheshti University of Medical Sciences ,8 hours.*
- *Sensory Integration (2008) conducted by Educational Development Center in university of Social Welfare and Rehabilitation. 8 hours*
- *Digital Library references (2008) conducted by Shahid Beheshti University of Medical Sciences, 24 hours.*
- *Essay writing (2004) held by Shahid Beheshti University of Medical Sciences ,18 hours.*
- *Pharmacology for rehabilitation (2004) held Shahid Beheshti University of Medical Sciences, 68 hours.*
- *Neurorehabilitation seminar (2003) held by Social Welfare and Rehabilitation university.*
- *Methodology of research (2001) held by Shahid Beheshti University of Medical Sciences ,30 hours.*

-Curriculum planning and lesson plan (2000)held by Shahid Beheshti University of Medical Sciences,16 hours.

- Student assessment and evaluation (1999)held by Shahid Beheshti University of Medical Sciences,16 hours.

-Family therapy (1997)held by Social Welfare and Rehabilitation university,30 hours.

-Problem Based Learning (1996)held by social welfare and rehabilitation university,16 hours.

Certifications

Charity Activities

Languages

1. Persian: Native Languages
2. English: Level B2

Hobbies

Sports, Mind and Brain Games, Reading Books

References

1. **Mino Kalantari.**, Assistant professor of Occupational therapy. Department of occupational therapy... School of Rehabilitation. Shahid Beheshti University of Medical Sciences, Tehran, Iran.

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2. **Prof. Khosro Khademi-Kalantari.** Professor of Physiotherapy and Editor-in-Chief of “Scientific Journal of Medical Sciences”, Department of Physiotherapy. School of Rehabilitation. Shahid Beheshti University of Medical Sciences, Tehran, Iran

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3. **Dr. Sedigheh Sadat Naeimi.** Associate Professor of Physiotherapy. Department of Physiotherapy. Vice- Dean in Research and Technology of School of Rehabilitation, Shahid Beheshti University of Medical Sciences, Tehran, Iran

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